Headgear Wear Score Card

Hours of wear																																										
24																																										
23																																										
22																																										
21																																										
20																																										
19																																										
18																																										
17																																										
16																																										
15																																										
14																																										
13																																										
12																																										
11																																										
10																																										
Less																																										
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	Date / /							Date / /							Date / /							Date / /							Date / /							Date / /						

Mark the boxes for number of hours each day of headgear wear. The more you wear the headgear the faster, your treatment can be finished.
Consult your orthodontist about headgear safety and recommended hours per day wear.

Patient Name:

Address:
City: State:
Phone:

Orthodontic Office:

Source: www.orthokineticscorp.com website Ortho Kinetics Corporation- The specialist in orthodontic headgear.

Headgear Wear Score Card

Hours of wear																																										
18																																										
17																																										
16																																										
15																																										
14																																										
13																																										
12																																										
11																																										
10																																										
9																																										
8																																										
7																																										
6																																										
5																																										
4																																										
3																																										
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
	Date / /							Date / /							Date / /							Date / /							Date / /							Date / /						

Mark the boxes for number of hours each day of headgear wear. The more you wear the headgear the faster, your treatment can be finished.
Consult your orthodontist about headgear safety and recommended hours per day wear.

Patient Name:

Address:
City: State:
Phone:

Orthodontic Office:

Source: www.orthokineticscorp.com website Ortho Kinetics Corporation- The specialist in orthodontic headgear.